

# December 2018



## Elementary School

[www.tjeerdsplace.nl](http://www.tjeerdsplace.nl)

Please note that your child can choose between the vegetarian or the non-vegetarian option.  
Brown bread sandwiches with ham, salami, cheese, egg and tuna can be served instead of hot lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>26 Pasta with Bolognese Sauce (H) Or Cheese Sauce Mixed Salad Yogurt or Fresh Fruit</p>	<p>27 Chicken Drumstick (H) Or Vegaball Steamed Rice Broccoli Yogurt or Fresh Fruit</p>	<p>28 Steamed Fish Or Omelet (V) Mashed Potatoes Mixed Vegetables Yogurt or Fresh Fruit</p>	<p>29 Chicken Teriyaki Or Vega Teriyaki Noodles Green Beans Yogurt or Fresh Fruit</p>	<p>30 Hotdog (H) Or Vegetarian Hot Dog Potato Wedges Sweet Corn Yogurt or Fresh Fruit</p>
<p>3 Swedish Meatballs Or Spring Roll (V) Potatoes Broccoli Yogurt or Fresh Fruit</p>	<p>4 Chicken Schnitzel Or Vega Schnitzel (V) Mashed Potato Peas and Carrots Yogurt or Fresh Fruit</p>	<p>5 Sinterklaas Dag  Dutch Pancake Yogurt or Fresh Fruit</p>	<p>6 Pasta with Bolognese Sauce (H) Or Cheese Sauce Mixed Salad Yogurt or Fresh Fruit</p>	<p>7 Cheese Pizza Mixed Salad Yogurt or Fresh Fruit</p>
<p>10 Beef Sausage Or Vegetarian Sausage Baked potao Peas and Carrots Yogurt or Fresh Fruit</p>	<p>11 Sweet Thai Chicken Or Vega Sweet Thai Egg Noodles Green Beans Yogurt or Fresh Fruit</p>	<p>12 Steamed Fish Or Omelet (V) Steamed Rice Mixed Vegetables Yogurt or Fresh Fruit</p>	<p>13 Sliced Turkey Or Vega Schnitzel Mashed Potato Broccoli Yogurt or Fresh Fruit</p>	<p>14 Pasta with Meat Sauce Or Cheese Sauce Mixed Salad Yogurt or Fresh Fruit</p>
<p>15  Holidays</p>	<p>16  Holidays</p>	<p>17  Holidays</p>	<p>18  Holidays</p>	<p>19  Holidays</p>

All meals are served with a drink: water or milk  
(H): halal option; (V): vegetarian option; Pasta: whole wheat

