



AISR Physical Education (PE) and Athletic Clothing Policy

PE in Grades 2-8

Grades 2-8 are required to have Official AISR Logo PE outfits for engaging in PE. The outfit is composed of our SHARK logo t-shirt and shorts at a cost of €45. Optional SHARK logo items may be purchased and worn –such as warm-up suit, sweatshirt, etc. Athletic sports shoes should be laced or velcro shoes and no open toes. Shoes used on grass or dirt fields may not be worn in the gym. Inside and outside shoes are thus required on PE days. Extra socks are advised for hygienic reasons. All clothing can be purchased from AISR WEBSITE or from PE Staff during the school year.

Note - Grades 2-8 PE outfit is a small part of a student's overall assessment grade. Therefore a note from a parent stating the outfit is in the wash, is not an acceptable reason for non-participation in PE classes.

Note- Please ensure that student's name are on all clothing items. Students will not be permitted to wear loose jewelry, long earrings, etc. to PE classes and should leave watches, valuables, etc. at home or in their classrooms/lockers. AISR is not liable for lost or stolen valuables at PE facilities.

PE in Early years Pre K1-Pre K2-Kindergarden-Grade 1

Early years students are not required to change for PE lessons due to the short lesson time, but we kindly request good running/activity shoes to be worn for PE lesson days.

PE in the High School

All students are required to change for PE and wear athletic sports clothing appropriate for the PE activity students are participating in. It is not compulsory to wear AISR Logo clothing, so long as it is in line with the school dress code.

Athletics – visit www.aisr.nl and link to ATHLETICS for all sport team information

Sports Team members are required to have Athletic Kits (warm-up suits, shorts/shirt practice gear) Game uniforms will be signed out from the Athletics Dept at the start of each season. These uniforms must be returned after the season. Athletes must wear SHARK warm-up suit jacket when departing / travelling to away fixtures.

Athletic Joining Fee- €60

Students will receive the official SHARK warm-up suit. This is a one time fee in which can be used for the entire year of playing on AISR sports teams (students joining more sport teams will be exempt from paying an additional *Athletic Joining Fee*).

Additional fees are required for each team a student joins. These fees cover the costs for transportation, hotel stay, officials, coaches, facilities, awards, and various tournament fees.

For all PE and Sports related enquiries, please contact:

Mr. Stuart Brown, Athletic Director (stuart.brown@aisr.nl)